

### Listening Styles Profile - Revised

Below are several items that people use to describe themselves as a listener. We would like you to assess how each statement applies to you by marking your level of agreement/disagreement with each item. Please do not think of any specific situation but of your general ways of listening – how you typically listen or think about good listening in most situations.

- 1 = *Strongly Disagree*
- 2 = *Disagree*
- 3 = *Somewhat Disagree*
- 4 = *Unsure*
- 5 = *Somewhat Agree*
- 6 = *Agree*
- 7 = *Strongly Agree*

Item	Statement	Your Rating
1	When listening to others, I am mainly concerned with how they are feeling.	
2	I wait until all the facts are presented before forming judgments and opinions.	
3	I am impatient with people who ramble on during conversations.	
4	I often catch errors in other speakers' logic.	
5	I listen to understand the emotions and mood of the speaker.	
6	I fully listen to what a person has to say before forming any opinions.	
7	I find it difficult to listen to people who take too long to get their ideas across.	
8	I tend to naturally notice errors in what other speakers' say.	
9	When listening to others, it is important to understand the feelings of the speaker.	
10	I tend to withhold judgment about another's ideas until I have heard everything they have to say.	
11	I get frustrated when people get off topic during a conversation.	
12	When listening to others, I focus on any inconsistencies and/or errors in what's being said.	
13	I listen primarily to build and maintain relationships with others.	
14	When listening to others, I attempt to withhold making an opinion until I've heard their entire message.	
15	When listening to others, I become impatient when they appear to be wasting time.	
16	I have a talent for catching inconsistencies in what a speaker says.	
17	I enjoy listening to others because it allows me to connect with them.	
18	When listening to others, I consider all sides of the issue before responding.	
19	I prefer speakers who quickly get to the point.	
20	When listening to others, I notice contradictions in what they say.	
21	When listening to others, I focus on understanding the feelings behind the words.	
22	To be fair to others, I fully listen to what they have to say before making judgments.	
23	When listening to others, I appreciate speakers who give brief, to-the-point presentations.	
24	Good listeners catch discrepancies in what people say.	

(R) Add Your Rating Scores for Items 1+5+9+13+17+21: \_\_\_\_\_ Total = \_\_\_\_\_

(A) Add Your Rating Scores for Items 2+6+10+14+18+22: \_\_\_\_\_ Total = \_\_\_\_\_

(T) Add Your Rating Scores for Items 3+7+11+15+19+23: \_\_\_\_\_ Total = \_\_\_\_\_

(C) Add Your Rating Scores for Items 4+8+12+16+20+24: \_\_\_\_\_ Total = \_\_\_\_\_